

signature breakfast

SUB *V + GF Options Avail* Vegan Egg +2 | Vegan Protein +2 | Gluten-Free Bun +2

EXCHANGE BREAKFAST 20	EXCHANGE BENEDICT <i>GF</i> 24
2 Farm Fresh Eggs Any Style, Potato Hash • Choice of: Maple Sausage, Bacon, Salmon Lox, or Roasted Vegetables • Choice of: Multigrain or Sourdough Toast	2 Farm Fresh Poached Eggs, Scallion & Potato Pancake, Brown Butter Hollandaise, Mixed Green Salad • Choice of: Cornmeal Back Bacon, Salmon Lox, or Avocado & Pico de Gallo
OMELETTE 22	STEAK & EGGS 29
3 Farm Fresh Eggs (Egg White Available) • Choice of: Black Forest Ham & Aged Cheddar or Roasted Mushrooms & 6-Month Aged Manchego • Choice of: Potato Hash, Mixed Greens, or House Cut Fries • Choice of: Multigrain or Sourdough Toast	Top Grass Sirloin, 2 Farm Fresh Eggs Any Style, Potato Hash, Pickled Horseradish
	SHAKSHUKA 21
	2 Farm Fresh Poached Eggs, Roasted Tomato & Pepper Sauce, Labneh, Grilled Sourdough

breakfast bowls

MAPLE SAUSAGE HASH <i>GF+2</i> 23	HIGHWOOD CROSSING 24
2 Farm Fresh Poached Eggs, Broek Acres Maple Sausage, Baby Spinach, Potato Hash, Brown Butter Hollandaise, Pesto • Choice of: Multigrain or Sourdough Toast	GRAIN BOWL <i>DF GF Avail</i> 2 Farm Fresh Poached Eggs, Farro, Quinoa, Red Fife, Baby Spinach, Shoots, Cherry Tomato, Avocado, Red Onion, Yuzu Vinaigrette
TOMATO & BURRATA HASH <i>GF+2</i> 25	HOUSE-MADE YOGURT PARFAIT <i>GF</i> 16
2 Farm Fresh Poached Eggs, Burrata Cheese, Potato Hash, Roasted Broxburn Farms Tomatoes, Brown Butter Hollandaise, Balsamic Glaze • Choice of: Multigrain or Sourdough Toast	Highwood Crossing Granola, Seasonal Fresh Fruit, Fruit Syrup, Candied Hazelnuts

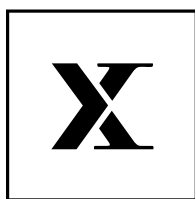
crêpes

BANANA NUTELLA 21
Brûléed Banana, Roasted Corn White Chocolate, Toasted Hazelnuts
SAVOURY BREAKFAST 22
Scrambled Egg, Pico de Gallo, Hash, Bacon, Hollandaise
SPINACH & MUSHROOM 22
Wilted Spinach, Roasted Mushrooms, Béchamel

on toast

AVOCADO TOAST <i>DF</i> 16
Smashed Avocado, Lemon Juice, Sunny-Side Egg, Almond Dukkah, Pico de Gallo
LOADED SCRAMBLED EGG TOAST 15
2 Farm Fresh Eggs, Bacon Bits, Sour Cream, Guacamole

ADD Potato Hash + 4
Mixed Greens +4 | Caesar Salad +6



midday plates

COBB SALAD <i>GF</i>	25	POKE BOWL <i>DF GF</i>	25
Romaine Lettuce, Cherry Tomato, Bacon, Grilled Chicken, Boiled Egg, Avocado, Blue Cheese Foam, Red Wine Vinaigrette		Smoked Salmon Crudo, Avocado, Cherry Tomato, Cucumber, Kale & Swiss Chard, Steamed Rice, Sesame & Soy Dressing	
CHICKEN CLUB WRAP <i>DF</i>	24	ALBERTA BEEF BURGER <i>GF+2</i>	23
Bacon, Iceberg Lettuce, Tomato, Gochujang Aioli, Spinach Tortilla		Two Smashed Patties, Iceberg Lettuce, Tomato, Aged Cheddar, Lemon Aioli, Brioche Bun	
<ul style="list-style-type: none">• Choice of: Grilled or Crispy Chicken• Choice of: Potato Hash, Mixed Greens, or House Cut Fries		<ul style="list-style-type: none">• Choice of: Potato Hash, Mixed Greens, or House Cut Fries• Add: Bacon +3• Sub: Vegan Patty (Contains Nuts) <i>V</i>	

drinks

JUICE			4
Orange, Apple, Grapefruit, Cranberry, Pineapple			
FOUNTAIN POP			3
Pepsi, Diet Pepsi, 7up, Ginger Ale, Orange Crush, Root Beer, Dr. Pepper			
TEA - Murchie's Tea, Served by the Pot			5.25
<ul style="list-style-type: none">• Black Tea: 1894 Pekoe, Maple Chai, Canadian Breakfast, Earl Grey Cream, Lavender Cream• Herbal Tea: Bumbleberry Rooibos, Chamomile, Peppermint• Green Tea: Genmaicha, Jasmine			
FROM THE BARISTA - "Double Shots," Hot or Iced			
Milk Alternatives: Oat, Almond, Coconut, Soy + 1 Flavoured Syrups: Vanilla, Caramel, Hazelnut +1.25			
<ul style="list-style-type: none">• Brooklyn's House Roast• Espresso• Latte• Cappuccino	3.75 3.75 5.75 5.75	<ul style="list-style-type: none">• Americano• Mocha• Hot Chocolate• London Fog	4.75 5.85 4.95 5.60
SPECIALTY COFFEE & HOT CHOCOLATE			
SPANISH — (1.5oz) Dark Rum, Kahlúa, Grand Marnier, Sugared Rim, Whipped Cream			10
IRISH — (1oz) Jameson Whiskey, Raw Sugar, Whipped Cream			9
NANAIMO — (1.5oz) Two Rivers Nanaimo Bar Liqueur, Kahlúa, Coconut Cold Foam			10
TIPSY HOT CHOCOLATE — (1.5oz) Amaretto, Dark Rum, Toasted Marshmallow, Sugared Rim			11
EXCHANGE SHAFT — (2oz) Two Rivers Coffee Vodka, Kahlúa, Nanaimo Bar Liqueur, Cold Brew			12
COCKTAILS			
ECAC CAESAR — (1oz) Two Rivers Dill Pickle Vodka, Pickle Brine, Worcestershire, Tabasco, Snacks			12
APEROL SPRITZ — (5oz) Prosecco, Aperol, Soda Splash, Orange Slice			14
MIMOSA — (6oz) Orange, Grapefruit, Pineapple			11
ZERO-PROOF MIMOSA — Sparkling Zero-Proof Wine, Orange, Grapefruit, Pineapple			9