



SPRING 2 YOUTH PROGRAMMING

2026

Plan your season — Registration is required for all youth programs.

	DAY	TIME	PROGRAM	DATES	LOCATION
G E N E R A L	MONDAY	4:15 PM – 5:00 PM	"FLEX" Mini Multi-Racquet	May 4 – June 8	Gymnasium
	WEDNESDAY	4:15 PM – 5:00 PM	"FLEX" Mini Multi-Racquet	May 6 - June 10	Gymnasium
		5:00 PM - 6:00 PM	Junior Squash - Intermediate	May 6 - June 10	Squash Courts
	THURSDAY	4:30 PM – 5:30 PM	Mini Multi-Racquet	May 7 - June 11	Gymnasium
	SATURDAY	9:00 AM - 10:00 AM	Junior Squash - 'Learn to Play'	May 9 - June 13	Squash Courts
		9:30 AM – 10:00 AM	Mini Movers Dance	May 9 - May 30	Yoga
		10:00 AM – 10:30 AM	Tiny Twirlers Dance	May 9 - May 30	Yoga
		10:30 AM – 11:15 AM	Move and Mellow	May 9 - May 30	Yoga
		10:30 AM – 11:15 AM	Mini Multi-Racquet	May 9 - June 13	Gymnasium
		11:00 AM - 12:00 PM	Youth Basketball Clinics	May 9 - June 20	Gymnasium

	DATES	TIME	PROGRAM	DATES	TIME	PROGRAM
A Q U A T I C S	TUESDAYS May 5 - June 23 (8 sessions)	4:30 PM – 5:00 PM	Preschool 1/2/3 *	SATURDAYS May 9 - June 27 (8 sessions)	9:00 AM – 9:30 AM	Parent & Tot 1/2
		4:45 PM – 5:15 PM	Preschool 4/5 *		9:15 AM – 9:45 AM	Preschool 1/2/3 *
		5:05 PM – 5:35 PM	Private Lesson		9:35 AM – 10:20 AM	Swimmer 3/4 **
		5:20 PM – 6:05 PM	Swimmer 3/4 **		9:50 AM – 10:20 AM	Private Lesson
		5:40 PM – 6:10 PM	Swimmer 1/2 **		10:00 AM – 11:00 AM	Swimmer 5/6 **
		6:10 PM – 6:40 PM	Private Lesson		10:25 AM – 10:55 AM	Preschool 4/5 *
		6:15 PM – 7:15 PM	Swimmer 5/6 **		11:25 AM – 12:25 PM	Swim Patrol ***
		6:45 PM – 7:15 PM	Private Lesson		11:00 AM – 11:30 AM	Private Lesson
					11:30 AM - 12:00 PM	Private Lesson
						11:35 AM - 12:05 PM

*Preschool programs ages 3-5 | ** Swimmer programs ages 6-12 | *** Patrol ages 8-14

Register through the [Member Portal](#) or at the front desk.

For more details:

[[View program descriptions](#)] or email Warren Reeves, *Head of Athletic Programming*, [warren@ecathleticclub.ca] / Emily Stow, *Aquatics Manager*, [aquatics@ecathleticclub.ca].