

Position Title: Water Fitness Instructor

Location: Eau Claire Athletic Club (ECAC)

Employment Type: Part-time

Reports To: Aquatics Manager



Position Summary

As a Water Fitness Instructor at Eau Claire Athletic Club (ECAC), you will lead dynamic and engaging shallow and/or deep-water fitness classes for participants of all ages and abilities. Your role is to provide a safe, fun, and effective workout while fostering a positive and welcoming environment. You'll help participants reach their fitness goals while delivering outstanding customer service and upholding ECAC's standards for excellence in aquatic programming.

Key Responsibilities

- Lead safe, effective, and inclusive water fitness classes in a shallow or deep-water setting
- Modify exercises to accommodate a wide range of fitness levels, abilities, and ages
- Foster a welcoming and motivating atmosphere that supports member engagement and participation
- Ensure all class participants are signed in, aware of safety protocols, and using equipment properly
- Set up and take down equipment before and after classes, maintaining cleanliness and order
- Monitor the class and pool environment to ensure the safety and well-being of all participants
- Communicate and collaborate with the Aquatics Supervisor to deliver high-quality programming
- Report any equipment concerns or safety issues in a timely manner
- Maintain up-to-date knowledge and certifications in water fitness instruction and safety
- Serve as a positive role model for healthy, active living and represent ECAC's mission and values

Qualifications & Skills

- Certification in Water Fitness Instruction (e.g., WaterArt, CALA, AFLCA Aquatic Fitness, or equivalent)
- Group Fitness Instructor certification (e.g., Canfitpro FIS, AFLCA Group Exercise, or equivalent) is an asset
- Current Standard First Aid with CPR-C/AED certification (must be maintained and up to date)
- Minimum 1 year of experience teaching water fitness or group fitness classes
- Strong interpersonal and communication skills with a passion for health, fitness, and community engagement
- Ability to create a fun, supportive, and motivating class experience for all participants

Work Environment & Physical Expectations

- Classes take place in both shallow and deep-water pools
- Frequent standing, movement, and speaking over background noise are required
- Instructors may be required to demonstrate exercises in and out of the water
- Shifts may include early mornings, evenings, and weekends depending on class schedules

Compensation & Benefits

- Compensation for this position ranges from 45-60 per class based on experience
- Opportunity for access to ECAC facilities and programs during specified times
- Opportunities for professional development within ECAC

Please send in your application through the careers page on the ECAC website by May 14th, 2025.